



## BREAKFAST

# MAY 2023

## RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns  
Contact Nutrition Services  
(530) 743-4428 or  
[mdelong@plUSD.org](mailto:mdelong@plUSD.org)

### Monday

**1**

Pancake Wrap  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

### Tuesday

**2**

Buttermilk Bar  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

### Wednesday

**3**

Mini Cinni  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

### Thursday

**4**

Mini Waffles  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

### Friday

**5**

Fresh Baked  
Cinnamon Roll  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**8**

Apple Frudel  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**9**

Breakfast Bagel Pizza  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**10**

French Toast Sticks  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**11**

Pop Tarts  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**12**

Fresh Baked  
Cinnamon Roll  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**15**

Assorted Muffins  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**16**

Mini Pancakes  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**17**

Turkey Sausage  
Breakfast Pizza  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**18**

Bagelful  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**19**

Fresh Baked  
Cinnamon Roll  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**22**

Pancake Wrap  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**23**

Buttermilk Bar  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**24**

Mini Cinni  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**25**

Mini Waffles  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**26**

Fresh Baked  
Cinnamon Roll  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**29**

## NO SCHOOL

**30**

Breakfast Bagel Pizza  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

**31**

French Toast Sticks  
Bagel w/ Cream Cheese  
Cereal Bowl  
Variety of Fruit & Juice

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.

**All meals are served with the choice of 1% white milk or nonfat chocolate milk.**

### Monday

Twin Cheeseburgers **1**  
Or Sunbutter & Jelly Sandwich  
Green Beans  
Baby Carrots – Salad  
Apple – Pineapple Chunks  
Fruit Roll Up

Taco Pocket **8**  
Or Bean & Cheese Pupusa  
Refried Beans – Salsa – Sour Cream  
Baby Carrots – Salad  
Orange – Diced Pears  
Tortilla Chips

Pizza Pocket **15**  
Or Chimi Nada  
Green Beans  
Baby Carrots – Salad  
Apple – Pineapple Chunks  
Fruit Roll Up

Twin Cheeseburgers **22**  
Or Sunbutter & Jelly Sandwich  
Green Beans  
Baby Carrots – Salad  
Apple – Pineapple Chunks  
Fruit Roll Up

**NO SCHOOL**

### Tuesday

Chicken Sandwich **2**  
Or Grilled Cheese Sandwich  
Baked Beans  
Baby Carrots – Salad  
Orange – Diced Pears  
Chips

Chicken Nuggets **9**  
Or Soft Pretzel w/ Cheese  
Green Beans  
Baby Carrots – Salad  
Apple – Pineapple Chunks  
Scooby Snacks

Chicken Soft Taco **16**  
Or Bean & Cheese Burrito  
Refried Beans  
Broccoli – Salad  
Orange – Diced Pears  
Goldfish Crackers

Chicken Sandwich **23**  
Or Grilled Cheese Sandwich  
Baked Beans  
Baby Carrots – Salad  
Orange – Diced Pears  
Chips

Chicken Nuggets **30**  
Or Soft Pretzel w/ Cheese  
Green Beans  
Baby Carrots – Salad  
Apple – Pineapple Chunks  
Scooby Snacks

### Wednesday

Chicken Taquitos **3**  
Cheese Quesadilla  
Steamed Corn  
Broccoli – Salad - Salsa  
Pear – Diced Peaches  
Tortilla Chips

Ham & Cheese Melt **10**  
Or Grilled Cheese Sandwich  
Steamed Corn  
Broccoli – Salad - Carrots  
Pear – Diced Peaches  
Chips

Corn Dog **17**  
Or Cheese Pull Aparts  
Steamed Peas  
Broccoli – Salad - Carrots  
Pear – Diced Peaches  
Chips

Chicken Taquitos **24**  
Cheese Quesadilla  
Steamed Corn  
Broccoli – Salad - Salsa  
Pear – Diced Peaches  
Tortilla Chips

Ham & Cheese Melt **31**  
Or Grilled Cheese Sandwich  
Steamed Corn  
Broccoli – Salad - Carrots  
Pear – Diced Peaches  
Chips

### Thursday

Orange Chicken Rice Bowl **4**  
Or Edamame & Rice Bowl  
Stir Fry Veggies  
Baby Carrots – Salad  
Apple – Mixed Fruit  
Ice Cream Cup

Hamburger **11**  
Or Sunbutter & Jelly Sandwich  
Roasted Broccoli  
Baby Carrots – Salad  
Apple – Mixed Fruit  
Rice Krispie Treat

Pop Corn Chicken **18**  
Or Sunbutter & Jelly Sandwich  
Mashed Potatoes – Baby Carrots  
Shredded Lettuce - Tomatoes  
Apple - Mixed Fruit  
Ice Cream Cup

Orange Chicken Rice Bowl **25**  
Or Edamame & Rice Bowl  
Stir Fry Veggies  
Baby Carrots – Salad  
Apple – Mixed Fruit  
Ice Cream Cup

### Friday

Domino's Smart Slice Cheese **5**  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

Domino's Smart Slice Cheese **12**  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

Domino's Smart Slice Cheese **19**  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

Domino's Smart Slice Cheese **26**  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Chocolate Chip Cookie

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